

Contractor Orientation Course Exercise
BNSF Railroad

Full Name _____
Email _____

Date _____

Company _____

If you facilitated this course and persons other than you went through this course, please fill out their names below. Each student must be individually registered and paid for to get credit for this course.

List all additional students here: _____

1. Can there be unscheduled assessments of any contractor's operations?	
2. Can a contractor's work be ordered to stop out of concern for safety and/or property damage?	
3. Does BNSF require that all on-site injuries be reported to the BNSF Project Representative?	
4. Can you use a pocket knife as a tool at BNSF?	
5. Is it true that yellow lens tints are acceptable?	
6. Do all safety shoes worn at BNSF have to have a safety toe?	
7. Workers need to receive training to help them to make decisions on safety equipment selection and use. True or False	
8. Who should you contact to obtain permission for a new or additional entry/egress route to a right-of-way worksite?	
9. Do you need to gain approval to park vehicles within 25 feet of the centerline of the track?	
10. I do not have to come to a complete stop at a an internal BNSF maintenance crossing before I cross. True or False	
11. After going into emergency, it may take a train up to 1.5 miles to come to a stop. True/False	
12. Do MSDSs need to be maintained with your on-site work groups that are using hazardous materials?	
13. When voltage is unknown, what is the proper distance that needs to be maintained for clearance from high voltage lines?	
14. Name three potential work hazards that you are familiar with.	
15. Is it the responsibility of BNSF and all contractors to help protect the environment while working on-site?	
16. Do you have to call the BNSF Service Interruption Desk if there is a low-level hazard clean-up needed?	
17. When working on a railroad bridge, should you have measures in-place to guard against falls from heights less than 12 feet? Yes or No	
18. Fall arrest equipment only needs to be inspected on a weekly basis. True or False	
19. Do the FRA Bridge Worker Safety Standards apply to buildings or telecommunication towers?	
20. Most confined space related illnesses I injuries and fatalities are caused by atmospheric hazards? True or False	
21. Do contractors who will be entering a permit-required confined space need to provide their own air monitoring and rescue equipment?	

