



# FLORIDA EAST COAST RAILWAY COMPANY

## Orientation Course Test

**Please fill out the information below.**

First Name  
Last Name  
E-mail  
Company

If you facilitated this course and persons other than you went through this course, please fill out their names below. Each student must be individually registered and paid for to get credit for this course.

1. While performing work on the right of way, contractors must expect trains, engines, or roadway machines on all tracks, at all times, from any direction.

True of False

2. Any hazardous or waste spill must be promptly reported to the FEC environmental office.

True of False

3. Contractors must obtain permission to perform work in Switching Yards or Terminals from the General Manager, Trainmaster, or his designee.

True of False

4. Job briefings are required prior to starting and again whenever the task or location changes.

True of False

5. Contractors \_\_\_\_\_ operate Machines or Equipment on FEC's right of way, which fouls any track without being, provided flag protection from trains by a qualified FEC approved Flagman.

a. must not

b. are allowed to



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6. All Contractors must use proper safety equipment on FEC property.

True of False

7. Required Personal Protective Equipment.

- a. Hi visibility reflective Safety Vest or Hard Hat with reflective stripe.
- b. Safety Glasses and /or goggles with side shields as required ANSI Approved
- c. Safety Boots and Hardhat ANSI approved
- d. All the above

8. Contractors must not foul any track within 4 feet of the rail side without being provided flag protection from trains by a qualified FEC approved Flagman.

True of False

9. Prior to performing any excavation on FEC right of way, permission must be obtained from the engineering office.

True of False

10. When in doubt, always take the safest course of action.

True of False

11. A policy of ZERO tolerance for unsafe work practices is in full force and violation of these rules will result in all work being stopped until compliance is reached.

True of False



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12. Contractors must restore any disturbed surfaces to their original condition prior to leaving the work site. Safeguarding for safety hazards must be provided and the Railway notified of any potentially hazardous conditions are created, to include location and type of condition.

True of False

13. Contractor vehicles or Machinery parked or stored on the right of way must be positioned as far as possible from the rail side.

True of False

14. The possession of drugs or alcohol is permitted while on FEC property.

True of False

15. All Incidents Accidents resulting in injuries or damage to railway property or equipment must be reported to the immediately be reported to the FEC Dispatchers office at 1-800-342-1131 ext.2302

True of False

16. Contractors must have an \_\_\_\_\_ agreement to enter FEC property.

a. Established

b. Verbal

c. Common



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17. Avoid walking closer than \_\_\_\_ feet from the field side of the rail. When it is necessary to perform your task in proximity to the rail, be aware and expect movement on any track, from any direction, at any time.

- a. 9
- b. 4
- c. 20

18. All excavations must meet OSHA Confined space/entry standards when applicable.

True of False

19. Possession of weapons is permitted on the company property.

True of False

20. Fall Protection must be utilized and must comply with requirements of both OSHA and the FRA.

True of False

21. If you are required to work in the field at any time, footwear that meets the following requirements must be worn. High top (6 inches or more), Lace up type.

True of False

22. You must wear hearing protection when you are: Within 100 feet, or 2 car lengths, of a locomotive under load. Riding inside a locomotive under load. Working in high noise environment. In locations posted with hearing protection required signs. Where required by supervisor.

True of False



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WHEREAS,

Your Company

is obtaining this orientation and any of the materials provided for certain of its employees who work on or about railroad equipment, and WHEREAS, THE FLORIDA EAST COAST RAILWAYS, hereinafter called "FEC", is willing to provide this orientation and any of the materials provided, but only upon the following terms and conditions, NOW THEREFORE, it is agreed as follows: In consideration of this orientation and any of the materials provided to the management of your company or you as an individual for their internal use by you, hereby assume all risk of and agrees to indemnify and hold FEC and the administrator of this site harmless from any personal injury to or death of its officers, agents and employees, and loss of or damage to property in its or their custody or possession, which shall in any manner arise from or be alleged to be due to in, in whole or in part, this orientation or materials provided to its employees by FEC, EXCEPT TO THE EXTENT SUCH INJURIES OR DAMAGES BE CAUSED BY OR CONTRIBUTED TO BY THE INTENTIONAL MISCONDUCT OR GROSS NEGLIGENCE OF FEC, ITS OFFICERS, EMPLOYEES, AGENTS, OR ANY THIRD PARTY. FEC is hereby released and forever discharged, as well as its subsidiary and affiliated companies, and the officers, agents, and employees of said companies, from all claims, liabilities, and costs of every kind by reason of any such injury to or death of persons and loss of or damage to property. This Release shall be binding upon the submission of this document .

I understand that by submitting my name and, as applicable, the names of the other individuals who have completed this orientation section, I am indicating that these personnel have actually completed this section of the orientation and understand this document. I am an officer of the corporation named above, who is duly authorized and fully empowered by said corporation to execute the same on